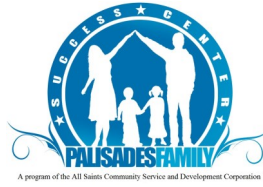


In Collaboration with



# The Palisades Family Success Center Presents:

**Free**  **ZUMBA®**  
Adults Only! **FITNESS**

Starting September 12

Monday & Wednesday  
6:00 –7:00 pm

Musto Cultural Center

420 - 15th Street  
Union City, NJ 07087

- Come workout & have fun!
- Practice your dance moves
- Meet new people
- 25 Maximum Participants

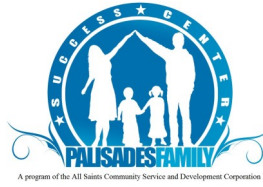


## About Luisa “Cookie” Redondo

A licensed Zumba® instructor, Cookie has taught at studios and community programs throughout Hudson County.

**For more information, call (201) 758-8792**

En colaboración con



# The Palisades Family Success Center Presents:

# Free ZUMBA® Solamente Adultos! FITNESS

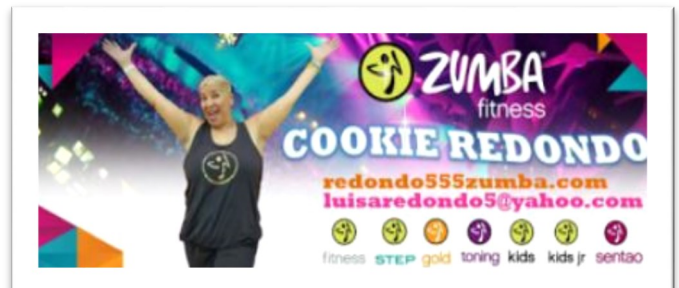
Empezando el 12 Septiembre

Lunes & Miercoles  
6:00 –7:00 pm

Musto Cultural Center

420 - 15th Street  
Union City, NJ 07087

- Ven a ejercitarte y a divertirte!
- Practica tus movimientos de baile
- Haz nuevos amigos!
- Maximo 25 participantes



**Info: Luisa “Cookie” Redondo**

Es instructora certificada de Zumba®. Cookie ha enseñado en talleres y programas de la comunidad a través del Condado de Hudson.

**Para mas información llámanos, (201) 758-8792**